

Fijian Paradise

FOR A TOTAL MIND, BODY, SPIRIT HOLIDAY WHERE BETTER THAN THE BEAUTIFUL DENARAU ISLAND, FIJI



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Denarau Island in Fiji is truly the South Pacific Paradise for those wanting a bit of luxury. As you cross the causeway leading to Denarau Island, you will leave the rest of the world behind and enter into a vacationer's mecca like no other. Here is the perfect destination for travellers to spend their days enjoying the charm and beauty of Fiji and renewing and recharging their body and mind in this tranquil, relaxing world.

There is so much to do on this island to revitalize and re energize your body, including golfing, water sports, tennis, island hopping and bicycling, yet there are also secluded beaches and lush meditation gardens for relaxation and renewal. You can simply relax on the beach just outside your room and be relished by the gentle rhythm of waves sweeping the sandy shore and joyful birds humming from the palm tree grove. Whilst you close your eyes, take a deep breath, you will let the pure air infused with fragrances of the enchanting tropical flowers refresh your mind and spirit.

Just 30 minutes away from Denarau Island lies the beautiful Mamanuca Islands. You can sail through Mamanuca on a cruise boat which departs from the Marina on Denarau Island and explore these beautiful islands and the colourful marine lives hidden within the coral gardens.

Denarau Island is also home to three superb

luxurious Sheraton and Westin resorts located side by side along the seafront of Denarau Island. Each of the resorts has its own unique characteristic and style – modern luxury at Sheraton Fiji Resort, Fijian tradition at The Westin Resort & Spa and luxurious apartment living at Sheraton Denarau Villas and all form a wonderful oasis with all imaginable comforts of an amazing holiday.

As Fiji's only integrated resort complex, the resorts guests have access to all the facilities at the three resorts including 4 swimming pools, 18 restaurants and bars, an 18-hole championship golf course, 10 tennis courts, kids clubs, the sublime Heavenly Spa by Westin, extensive water sports and daily recreation activities program.

The Westin Denarau Island Resort & Spa (formerly Sheraton Royal Denarau Resort) is located right at the beach and is surrounded by amazing lush tropical gardens. Its impressive Fijian influenced architecture truly radiates the authenticity of the Fijian islands. It was the first five star resort brought to the island in 1974. In 2006, the resort underwent a US\$15 million make over to upgrade and rebranded the resort to the Westin Denarau Island Resort & Spa. The refurbishment was cleverly carried out incorporating the superb Westin world-class amenities with the resort's existing traditional

style and it achieved an exciting juxtaposition between the traditionally given façade and modern interior. The retreats enchant through a splendid blend of warm, traditional and welcoming look on the outside and surprising variety on the inside. The guestrooms and suites feature the South Pacific setting and equipped with all modern comforts of the 21st century including a ten layers custom made Heavenly Bed, Heavenly Shower, LCD TV, DVD and Bose surround sound system (Deluxe rooms and suites) and high speed internet. Guest facilities are further complimented by a wet-edge two-tier swimming pool adjacent to two outdoor Jacuzzis by the beachside, award winning restaurants and the sublime Heavenly Spa by Westin.

During day, you can enjoy relaxing on the beach, golfing or water sports. Whilst the sun downing casts a veil of light over the sky, you can experience a magical world of Fiji through the famous Westin Unwind Ritual. Commencing with Fijian warriors beating the lali to herald the evening, follows by torch lighting ceremony, fire dance, fire walking, cultural shows and Meke dance that retells the legends of Fiji and demonstrates the ancient lifestyle of their ancestors.

A holiday won't be complete without having a spa indulgence to truly renew and rejuvenate

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the body and mind. You will find this indulgence in the Heavenly Spa by Westin nestled amidst the beautiful lush gardens at the Westin. It welcomes guests at this oasis of quietude with superb spa facilities and programs focused chiefly on The Seven Pillars of Well Being philosophy. The philosophy addresses the elements of Nature, Beauty, Life Balance, Harmony, Aqua, Vitality and Nutrition through the spa facilities and services. It engages our guests with the world of the holistic wellness and the pure joy of living, of rest and fitness, excitement and relaxation.

Heavenly Spa is the largest and most sophisticated spa in Fiji featuring 12 open-air treatment rooms and suites designed as Fijian bure, a WestinWORKOUT® powered by Reebok, a 25-metre wet-edge lap pool and Jacuzzi. Treatments include body massage, hydrotherapy, body treatment and facial using timeless European spa remedies and ancient technique to promote complete physical, aesthetic and psychological well-being. ●