

Afternoon tea is recognised around the world as something traditionally British.

Nobody knows its exact origins but one lady features in all theories, Anna, Seventh Duchess of Bedford (1783-1857), lady in waiting to Her Majesty Queen Victoria.

Traditionally dinner was not served until 8.30 or 9.00 in the evening and the Duchess often became hungry, especially in the summer when dinner was served even later. Every afternoon, she experienced a “sinking feeling” and requested sandwiches and cakes between 3pm and 4pm. Around the middle of the nineteenth-century she instructed her servant to serve a pot of tea and some light snacks to her room one afternoon.

These refreshments satisfied her hunger so well that she ordered the same the next day and every afternoon thereafter with a pot of English Tea.

Soon others followed the Duchesses lead. In 1842, a well-known actress named Fanny Kemble heard of afternoon tea and began to invite guests to join her. Soon all of fashionable London was sipping tea with a variety of sandwiches on the side. The custom of “taking tea” in the afternoon had become well established, along with complex rules and etiquette.

Times have changed but the tradition of afternoon tea is still alive. Relax in the elegant surroundings of the Lobby Bar & Lounge at The Westin Sydney and experience a splendid British tradition in partnership with JING Tea House and Moet & Chandon.

**afternoon tea gift certificates can be purchased and obtained within 24 hours “an ideal gift for special celebration”**

afternoon tea is served daily  
from 2:30pm to 4:30pm  
(reservations are recommended)

### **pink afternoon tea**

smoked salmon with dill cream cheese on toasted brioche  
baby shrimp with avocado and egg salad served in miniature bagels  
wholemeal sandwiches with smoked turkey and cranberry sauce  
swiss cheese, tomato, cucumber and lettuce on white bread

chef's selection of fine “pink” pastries

white chocolate and cranberry cup cake  
guava and rosella jelly with vanilla custard  
rose petal macaroons filled with strawberry ganache  
raspberry opera

pink and natural scones with jams and cream

whole rosebud tea or traditional pink rose lemonade  
(also available, alternative loose leaf teas of your choice or coffee)

\$36 mon-fri/\$41 sat - sun - public holiday  
glass of

pink sparkling      \$46 mon-fri/\$51 sat - sun - public holiday  
or  
m & c rose      \$56 mon-fri/\$61 sat - sun - public holiday

190.00 per couple including a bottle of moët & chandon rose

\*starwood privilege benefits not allowed with afternoon tea